EXPRESSIVE ARTS

QUESTIONS AND MODEL ANSWERS

FOR

STANDARD

5, 6, 7 AND 8

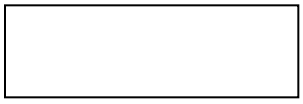
BY ZIKOMO MASESE BANDA 0999246769/0991295167

STANDARD 5 EXPRESSIVE ARTS

1. Give two activities that make the body to move at different height levels
   - Jumping
   - Chopping wood
2. State the importance of body movement
   - Helps to coordinate muscles and joints
   - Helps in body fitness
3. Give any two shapes created by drawing
   - Geometric shapes
   - Toys
4. Give any two geometrical shapes which are found in the home and school
   - Circles
   - Rectangles
   - Squares
   - Triangles
5. List down any three materials for sewing
   - Thread
   - Needles
   - Fabric
6. Give any two risks in sewing
   - Being pricked by needles
   - Stepping or sitting on needles
7. Give any one precautionary measure in sewing
   - Putting needles on cushion after use
8. Give any two materials for knitting
   - Knitting threads
   - Knitting needles
9. State two main types of sewing stitches
   - Permanent stitches
   - Temporary stitches
10. Mention three kinds of permanent stitches
    - Joining stitches
    - Neatening stitches
    - Decorative stitches
11. Give any two examples of joining stitches
    - Back stitch
    - Running stitch
    - Oversewing stitch
12. Give any two examples of neatening stitches
    - Hemming stitch
    - Loop or blanket stitch
    - Overcasting stitch
    - Buttonhole stitch
    - Herringbone stitch

13. Give any two examples of decorative stitches
    - Cross stitch
    - Satin stitch
    - Stem stitch
    - Chain stitch
    - Whipped running
14. State any three examples of temporary stitches
    - Even tacking
    - Uneven tacking
    - Long and short tacking
15. What do the following letters stand for in knitting?
    (a) C/on
    - *c*ast on
    (b) C/off
    - cast off
    (c) Sts
    - stitches

13. Give any three tools for carving
    - Axes
    - Panga knife
    - Adze
14. Give any two materials for carving
    - Wood
    - Soapstone
15. State any one risk in carving
    - Being cut by sharp objects
16. What is weaving
    - Weaving is interlocking of wefts and warps
17. Give any two materials for weaving
    - Bamboos
    - Poles
18. Give any two products made by weaving
    - Granaries
    - Winnower
19. Explain why carved materials should not be placed in water for a long time.
    - To avoid expansion and breaking
20. Explain any two uses of temporary stitches
    - Keeping a hem in position
    - Keeping together two edges of fabric before making a permanent stitch
    - Guiding a straight stitching line
    - Transferring pattern marking from paper to fabric
21. What name is given to a geometrical shape below?



    - Rectangle

22. Figure below shows one of the challenges in everyday life. Use it to answer questions that follow



(i) Name the cross-cutting issue shown in the figure above
- Deforestation

(ii) State any three ways in which the cross-cutting issue can be presented to people in a community
- Drama
- Poetry
- Songs

(iii) Suggest any two possible solutions to the cross-cutting issue shown in the illustration
- Planting more tree
- Avoiding careless cutting down of trees

23. Name any three basic sewing equipment
- Sewing needles
- Tape measures
- Pins
- Pairs of scissors
- Pressing iron
- Mat

24. Who officiates football?
- A referee

25. Give any two skills in football
- Passing
- Scoring
- Dribbling
- Ball controlling

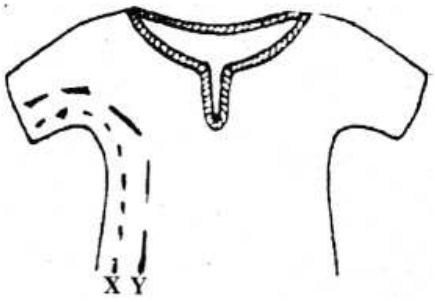
26. State any two factors when composing a song
- Age of the target group
- Cultural background of the target group
- Religion of the target group
- Language spoken by the target group
- Likes and dislikes of the target group

27. Give any two risks in football ground
- Hitting each other
- Stepping objects like anthills and stones

28. State any two precautionary measures of reducing risks in play field
- Referee should control the game
- Referee should give penalties for bad play
- Planting grass on bare ground
- Removing anthills and stones from the ground
- Filling ditches and holes on the ground

29. Give any two skills in netball
    - Catching
    - Shooting
    - Marking
    - Passing
    - Goal keeping
30. State any two importance of sports and games
    - For pleasure
    - For entertainment
31. Define the term 'attire'
    - Attire means a dress for special performance
32. What are costumes?
    - Costumes are dresses for drama and dances
33. Give two sources of attire
    - Buying from shops
    - Making from locally available resources
34. State any two materials for making attire
    - Animal skins
    - Sacks
    - Palm leaves
35. Give any two artistic activities that require full participation and working together
    - Carving
    - Weaving
36. State three importance of working together in sports, games and arts
    - Promotes collaboration
    - Promotes team spirit
    - Promotes tolerance
37. What does the term 'stuff' mean in knitting a doll
    - Fill tightly with something
38. Explain the importance of repetitions and contrasts in artistic work.
    - They help to add beauty in art
39. Name any two artistic activities which can be produced by using repetition and contrast
    - Carving
    - Modelling
    - Plaiting
    - Weaving
40. Why is it important to use uniforms in sports and games?
- They give out identity to the team
41. One way of caring for a broom is by
- Storing it in a dry place
42. Name the proper place for disposing off litter from art works
- Rubbish pit
43. What name is given to a person who trains players in football and netball games?
- A coach

44. Figure below is a diagram showing a shirt. Use it to answer the questions that follow



i) What is the name of the shirt shown in the figure above?

- Magyar shirt

ii) What is the best material for making this type of shirt?

- Fabric

iii) Give any two functions of stitch **Y** on the shirt

- Keeping a hem in position
- Keeping together two edges of fabric before making a permanent stitch

45. Drawing in artwork is an example of

- Non-physical activity

46. Which dance is associated with rain-making among the Lomwe?

- Tchopa

47. What does “designing” in fabric making involve?

- Planning what to make

48. How can a guitar be made to produce loud sound?

- By tightening the strings

49. How are curios made?

- By carving

50. Which artistic activity requires costume?

- Drama

51. What are materials for sewing Magyar shirt?

- Cloth
- Thread
- Sewing needles

52. Explain any two strategies for reducing risks in sporting activities

- Doing warm ups and cool downs
- Thrower should always be in front of others
- Clear the area where the activity will be done
- Always use equipment that is in good condition
- Store and keep equipment safety after use

53. What does the word “verbal” mean?

- Using words

54. State any two figures which can be created when shapes are joined together in different ways and at different angles
    - People
    - Houses
    - Trees
    - Animals

Figure below is a diagram showing a girl playing a musical instrument. Use it to answer questions 55 and 56.



55. How is the instrument played?

- By shaking

56. State any one material that can be used to produce the instrument

- Reed

Figure below shows a diagram of a knitted item. Use it to answer questions 57 and 58



57. Name the item

- Baby's booties

58. Give any two materials required to knit the item

- Wool
- Knitting needles

59. Explain the expression "sports and arts"
    - They are activities that one can do for pleasure or entertainment

60. Give any two materials that can be produced by knitting
    - Shawls
    - Baby's booties
    - Baby's hats
    - Baby's socks

61. Give any two skills that players may use during sporting activities
    - Kicking
    - Shooting
    - Ball control

62. Give any two reasons why players need to practice basic skills before participating in a real game
    - To avoid body injuries
    - To master the skills before the actual game

63. Give any two reasons for preventing risky behaviours when participating in sporting activities
    - To maintain discipline
    - To avoid disqualification
    - To avoid injuries to players
64. Give any one safe practice in gymnastics
    - Using clothing that allows free movement

Figure below is a diagram of a sewn toy. Use it to answer question 65



65. State two last steps in producing the toy
    - Stuffing and closing
66. Give any one example of a musical instrument that produces sound by each of the following ways

    (a) beating
    - drum

    (b) plucking
    - guitar

67. Figure below shows an item in artwork. Use it to answer questions that follow



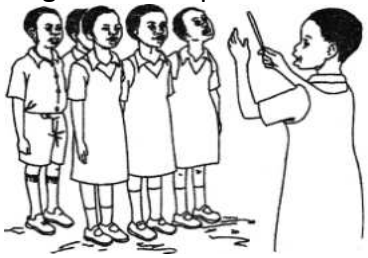
    (i) What name is given to the item?
    - Basket

    (ii) Mention any two ways that could be used to make the item attractive
    - Painting
    - Using repetition and contract patterns

    (iii) Give one risk that one could be exposed to in making the item
    - Pricking oneself with a bamboo

68. Body movements help in the coordination of muscles and
    - joints
69. Which physical exercises can cause body movements? Give any two ways
    - Jumping
    - Chopping wood
    - Dancing
70. Name any one material for making a clay pot
    - Clay soil
71. State two ways of caring for sports attire
    - Washing
    - Storing in a safe place

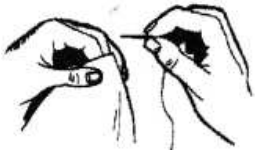
72. Figure below is a diagram showing an artistic performance



(i) Name the artistic performance
- Singing

(ii) Mention any two messages which could be conveyed by the artistic performance
- HIV and AIDS prevention
- Child abuse prevention

73. Figure below is a diagram of an artistic activity. Use it to answer the questions that follow



(i) Name the activity
- Sewing

(ii) Mention any two tools that are used in the career
- Sewing needle
- Sewing thread

74. Figure below is a diagram of an artistic item. Use it to answer the questions that follow



(i) Name the artistic item
- A broom

(ii) Mention the skill used to produce the item
- Weaving

(iii) Give any one material that was used to make the item
- Palm leaves

75. Figure below is a diagram of a girl playing a musical instrument. Use it to answer questions that follow



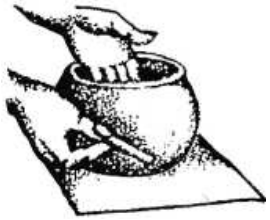
(i) Name the musical instrument
- A drum

(ii) Mention any two materials which are used to make the musical instrument
- Animal hide
- Wood

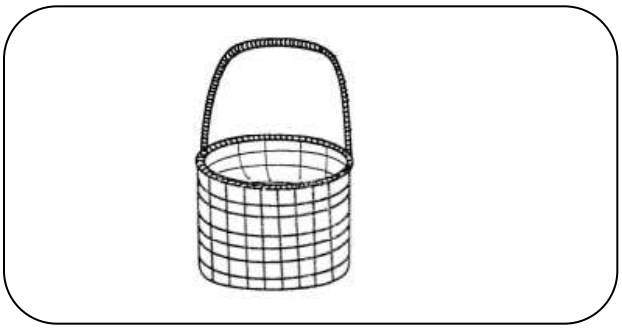
(iii) Name any one traditional dance which uses the musical instrument
- Mganda

76. Name the level at which chameleon moves
    - Low level
77. State one situation which can make a lion to move at high level speed
    - Chasing a prey

Figure below shows a piece of art work. Use it to answer questions 78 and 79



78. The art is made by
    - Moulding
79. Which process would make the item last longer?
    - Burning
80. Draw any one item that can be made using bamboo



81. Name any two activities that can be done to decorate the drawing
    - Painting
    - Shading

STANDARD 6 EXPRESSIVE ARTS

1. What are traditional dances?
   - They are dances performed by members of the community
2. Mention any three traditional dances
   - Likhuba
   - Vimbuza
   - Ngoma
3. State any four occasions when traditional dances are performed
   - Weddings
   - Funerals
   - Initiation ceremonies
   - Installation of chiefs
4. Explain any three importance of traditional dances
   - For identify
   - For unity
   - For entertainment
5. State any two ways in which dancing is important to one's health. Give any two points
   - Strengthening muscles
   - Strengthening bones
   - Enhancing creativity of the mind
   - Promoting coordination of body parts
6. Why is it important that traditional dances be practised in schools?
   - To help preserve culture
7. Mention any two traditional dances that convey cultural messages in the society
   - Vimbuza
   - Gule wamkulu
8. State any two importance of educational dances
   - They promote creativity
   - They promote unity
9. Describe any one relevance of educational dances in the learning process
   - They encourage discipline

   Figure below shows a type of dance. Use it to answer questions 10 and 11



10. Name the type of dance
    - Ngoma
11. Mention any one district where the dance is performed
    - Ntcheu
12. What is the meaning of the term 'rhythm'?
    - Rhythm is grouping of sounds and silences

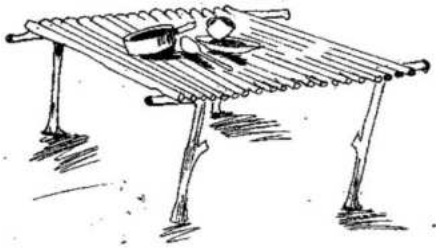
13. Give any four examples of rhythms
    - Heartbeat
    - Clock ticking
    - Walking
    - Singing
14. Describe any two importance of rhythm in dance
    - Assists in setting uniformity
    - Assists in setting order
15. Explain the meaning of mirroring in physical activities
    - Mirroring is the act of copying or imitating the leader in physical activities
16. Give any two physical activities that can be mirrored
    - Aerobics
    - Body stretching
    - Swimming
17. Identify the physical activity in the illustration below



    - Body stretching
18. Explain any two values of mirroring activities
    - They promote discipline
    - They promote attention
    - They promote unity
    - They help to learn the activity easily
19. State two forms of communication
    - Verbal communication
    - Non-verbal communication
20. Describe the difference between verbal and non-verbal forms of expression and communication
    - Verbal communication uses words while non-verbal communication does not use words
21. Shaking the head in Malawi may mean
    - Disapproval
22. Give any two examples of artworks which can be used to communicate verbally
    - Singing
    - Drama
23. Give any two examples of artworks which can be used to communicate non-verbally
    - Posters
    - Drawings
24. Explain any two importance of using verbal forms of communication and expression
    - Ideas and feelings may be fully clarified
    - People are able to ask for clarification
25. Give any two ways of communicating feelings and ideas
    - Use of language
    - Use of gestures

- Use of drawing
- Use of artworks
- Use of performances

The figure below shows a structure that helps to improve the quality of everyday life. Use it to answer questions 26 to 30



26. What name is given to the structure?
    - A sun table
27. Name any two materials that could be used to construct this structure
    - Strong poles
    - Sisal strings
    - Long sticks
    - Stones
28. State any two ways in which the structure could be made strong
    - Using strong materials
    - Tying joined parts strongly
29. What is the use of the artistic item?
    - For drying kitchen utensils
30. What is the importance of the artistic item
    - It helps to improve the quality of life
31. State any two ways in which artistic items are made
    - By weaving
    - By sewing
    - By plaiting
    - By knitting
32. Give any two ways in which culture can be preserved
    - By singing traditional songs
    - By dancing traditional songs
    - By telling traditional stories
33. Explain how a physical activity helps to improve a person's life style
    - By making the body strong and free from the diseases
34. Define the term cross cutting issues
    - Cross-cutting issues are problems which affect a cross section of people
35. Give any two effects of excessive use of trees without replacing them
    - Deforestation
    - Siltation of rivers
36. Give any five examples of cross cutting issues.
    - Drug and substance abuse
    - HIV and AIDS
    - Child labour
    - Gender bias
    - Human rights violations

- Democracy
- Environmental degradation

37. Explain any two causes of cross-cutting issues
- Lack of knowledge
- Misappropriation of resources
- Misuse of natural resources
- Misuse of human resources
- Misuse of financial resources

38. State any three effects of cross-cutting issues
- Environmental degradation
- Dissatisfaction of one gender
- Wide-range poverty
- Illiteracy
- Violence
- Lawlessness and disorderliness in the society
- Lack of trust

39. Mention any two cross-cutting issues that can be solved by assertiveness
- HIV and AIDS
- Drug and substance abuse

40. Give any three artistic activities that may be used to pass messages on cross-cutting issues
- Songs
- Drama
- Posters
- Poetry
- Dances

41. Explain why songs and dances may be powerful tools for passing messages on cross-cutting issues
    - Because they both entertain and educate

42. Explain why posters are powerful tools for passing messages on cross-cutting issues
    - Because they easily catch the eye of the people

43. Describe the importance of posters in places such as hospitals, road sides, educational institutions and offices
    - They can be a quick way of passing important information
    - They can pass information by using only pictures or drawings
    - They can use few words to pass very important messages
    - They can pass information to even very busy persons when they are pasted(pinned) at strategic places
    - They can pass information even to uneducated persons
    - They are a cheap way of disseminating information
    - They grip the attention of people to look at them

44. State two categories of sports and games
    - Individual sports and games
    - Team sports and games

45. State any three familiar team sports and games
    - Football
    - Netball
    - Basketball
    - Volleyball

- Handball
- Hockey
- Rugby

46. State any three familiar individual sports and games
    - Golf
    - Chess
    - Table tennis
    - Swimming
    - Boxing
    - Wrestling
    - Bawo
    - Draft
47. How many players make a team in netball?
- 7
48. Give any four reasons why sports and games are played
    - For enjoyment
    - For fun
    - For good health
    - For socialization
    - For competition
49. Explain any two importance of team sports and games
    - They encourage cooperation
    - They encourage unity
    - They encourage team spirit
50. Describe any two relevance of team sports and games in schools
    - They promote leadership skills
    - They encourage discipline
    - They reduce school dropout
    - They promote sense of belonging
51. Describe any two importance of rules in sports and games
    - They prevent unnecessary conflicts
    - They maintain integrity
    - They encourage fair play
    - They prevent body injuries
    - They maintain discipline during the entire playtime
    - They promote honesty
52. How many players are involved in playing the following games on each side?
    (i) Football
        - Eleven players
    (ii) Netball
        - Seven players
    (iii) Volleyball
        - Six players
    (iv) Basketball
        - Five players
53. Who officiates the following games and sports?
    (I) Netball

- Umpire

(II) Football

- Referee

54. What name is given to a person who trains players in football and netball games?
- A coach
55. Give any two ways of improving the home
- Producing chair backs
- Producing wall hangings
- Producing tablemats
- Producing paintings
- Producing drawings or pictures
56. Mention any three items used to improve the home
- Chair backs
- Table mats
- Wall hangings
- Paintings
- Drawings
- Pictures
57. Why do homes play an important role in people's lives?
- Most of people's time is spent at home
58. Mention the two major groups of musical instruments
- Tuned musical instruments
- Untuned musical instruments
59. Define tuned musical instruments
- These are musical instruments which when played produce two or more pitches
60. Explain the meaning of the term 'untuned musical instruments'
- These are musical instruments which have one fixed pitch
61. Give any two examples of tuned musical instruments
- Guitar
- Accordion
- Piano
- Flute
- Kaligo
- Trumpet
- Banjo
62. Give any two examples of untuned musical instruments
- Wood blocks
- Rasps
- Maracas
- Badza
- Drum
- Rattles
- Xylophone
- Horn
- Panpipe
- Kalimba
- Mkangala

- Shakers

63. What is the other name for untuned musical instruments?
- Percussion musical instruments

64. State the occasion when the following dances are performed

(i) Vimbuza
- Healing

(ii) Ngoma
- Installation of a chief

65. How are the following musical instruments played?

(a) Guitar
- By plucking

(b) Trumpet
- By blowing

(c) Shaker
- By shaking

(d) Drum
- By beating

(e) Piano
- By clicking

66. List any two materials for making musical instruments
- Animal hides
- Strings
- Nails
- Gallons
- Tree trunks
- Stones
- Reed

67. Describe any two effects of excessive use of trees in making musical instruments
- May lead to deforestation
- May lead to siltation of rivers
- May lead to degradation of the land

68. The selling of musical instruments made locally can
- Generate income

69. What are the importance of musical instruments in songs and dancing?
- They complement human voice
- They add harmony in music
- They foster self expression
- They add beauty in music
- They promote discipline
- They accompany songs and dances
- They convey messages
- They indicate speed one can dance

Figure below is a diagram showing a musical instrument. Use it to answer questions 70 and 71



70. Name the musical instrument
- A drum

71. Mention any two materials for making the musical instrument above
- Wood
- Animal hides

72. Mention two dances in Malawi which are performed specially for healing
- Vimbuza
- Malombo

73. Which dance in central region of Malawi is associated with the spirits of the dead?
- Gulewamkulu

74. Mention any three materials for making a guitar.
- Strings
- Wood
- Tin

75. Give any two materials for making a shaker
- Tin
- Sand

76. State any two ways for improving the sound of a drum.
- Beating using the palm of the hand
- By heating in the sun or near the fire

77. What is communication?
- Communication is passing on of information from one person to another

78. State any two traditional means of communication
- Blowing horns
- Dressing of some kind
- Beating gongs
- Ringing bells
- Putting leaves on the road

79. Give any two modern means of communication
- Sounding sirens
- Using television
- Using cell phone
- Using traffic lights

80. List any three modern technologies of communication
- Phones
- Computers
- Radios
- Newspapers
- Books

81. Mention any two colours that can convey cultural messages
- White
- Black
- Red

82. State the meaning of each of the colours mentioned in question 81

(i) White
- purity

(ii) Black
- sorrow

(iii) Red
- danger

83. Mention any two artistic activities that destroy the environment
- Carving
- Weaving
- Plaiting

84. State any two activities that promote the conservation of the environment
- Planting trees
- Planting grass
- Making dams
- Harvesting rain water

85. Name any two ways how the children can express their rhythmic abilities
- Dancing
- Singing
- Playing

86. Mention any two artistic activities that are used to improve the home
- Weaving
- Knitting
- Plaiting
- Painting
- Carving
- Sewing

87. State one reason for putting branches of trees on the road in Malawian culture
- Funeral
- Car breakdown

88. State any two activities that can be used to communicate non-verbally
- Posters
- Gestures
- Miming
- Painting

89. Name any two artistic activities which use tempo
- Sewing
- Dancing
- Knitting
- Singing
- Carving

90. Name the colour of clothes that a widow wears during mourning period
- Black

91. What does red colour in Malawi stand for?
- Danger

92. What does white colour in Malawi stand for?
- Wedding

93. What does green colour on traffic lights mean?
- Go

94. What does red colour in China stand for?
- Wedding

95. What does green colour on the flag of Malawi stand for?
- Green vegetation
96. What message is conveyed among the Chewa when one brings a white chicken to the chief?
- Accepting an offence committed
97. What does white colour in America stand for?
- Wedding
98. What message is conveyed among the Chewa when one brings a black chicken to the chief?
- One has brought a funeral message
99. The beating of a gong early in the morning may mean
- Announcement of beer
- Announcement of funeral
100. In the Bible when something went wrong people
- Could wear a sack cloth
- Could smear ashes on the body
101. Which is the fastest means of communication?
- Internet
102. What does the wearing of a ring in the middle finger?
- One is divorced
103. What does the wearing of a ring on the second finger from the smallest finger mean?
- One is engaged or married
104. What does it mean when one wears a ring on the finger next from the thumb?
- One is widowed
105. When one wears a ring on the last smallest finger, it means
- One is single or unmarried
106. What is the significance of using traditional way of communicating and expressing messages?
- It helps to preserve culture
107. Mention any two ways which could show culture
- Traditional dances
- Traditional songs
- Type of dressing
- Type of food
108. What does a cock crowing at night indicate?
- Dawn is approaching
109. What may the hooting of an owl at night indicate?
- A bad omen
110. What may a cross on an institution show?
- A church
111. What may a crescent on an institution show?
- A mosque
112. What can a white flag on a roof or tree indicate in some societies?
- A wedding
113. What are tattoos (mphini) on a human face for?
- Beautification

114. What is the importance of both traditional and modern means of communication?
- They help people become aware of what is happening around them

115. What are enter-educate activities.
- They are activities that entertain and educate people at the same time.

116. The figure below shows some team sports and games. Use it to answer questions that follow



A



B

(i) Identify team sports and games labelled **A** and **B**
   - **A** = basketball
   - **B** = volleyball

(ii) How many players are involved in playing the game labelled **B** on each side?
   - 6 players

117. Define the term communication
- Communication means sending and receiving messages.

118. Explain the traditional way of communication.
- It means the use of local materials or ways for communicating

119. When a woman wears a black dress, it may symbolize that
- She has lost a husband

120. What is the importance of repetitions and contrasts in art?
- They help to decorate items

121. Which artistic item can be used to improve the home?
- Wall hangings

122. Two techniques used in football are
- Passing and kicking

123. What term is given to communication that uses words?
- Verbal communication

124. Explain any two good effects of modern technology to people
- It has improved speed of doing things
- It has enabled people to communicate far and wide within a short time

125. Give any two bad effects of modern technology
- No restriction on what should be viewed
- Internet has been flooded with pornographic materials

126. Define the term 'hooliganism'
- Unruly behaviour

127. Give the meaning of the term 'pornography'
- Something not meant to be viewed in public

128. What does the word 'paedophile' mean?
- A person who has a strong sexual desire for children

129. Give any two cultural activities in the community
- Traditional dances
- Initiation ceremonies
- Wedding ceremonies
- Singing

130. Give any two physical activities in the community
- Swimming
- Nature exploration
- Mountain climbing

131. Give any two artworks in the community
- Painting
- Carving
- Weaving

132. What does 'SMS' stand for?
- Short message services

133. Give any two importance of physical activities
- Improve the health of members of the community
- Increase the people's perspective of the world

134. Give any two importance of cultural activities
- Give an identity to the community
- Foster interaction among community members
- Increase sense of belonging

135. Give any two importance of artwork
- Source of income
- Attracts tourists to the community

136. Name three colours on the flag of the republic of Malawi
- Black
- Red
- Green

137. Which colour on the flag of Malawi stands for the blood shed by heroes in sacrifice for independence of Malawi
- Red

138. Describe two advantages of using traffic lights
- Accidents are prevented on busy roads
- Traffic is controlled day and night

139. Give any two uses of chair backs
- For decoration
- For support

140. Give any one symbol which can be used to mean a school
- Children carrying books

Figure below shows an item in artwork. Use it to answer questions 141 to 144



141. Name the item
- Clay pot

142. Give any two uses of the item
- For cooking
- For boiling water

143. How many patterns of repetition and contrast have been used on the item?
- Two

144. Mention any two materials that could be used to make patterns on the item
- A coil
- A stick

145. State any two messages that could be passed on through drama
- HIV and AIDS messages
- Environmental protection messages

146. What could a beat of a drum early in the morning mean in a village?
- Beer is ready

147. Which district performs a dance called “msindo”?
- Ntcheu

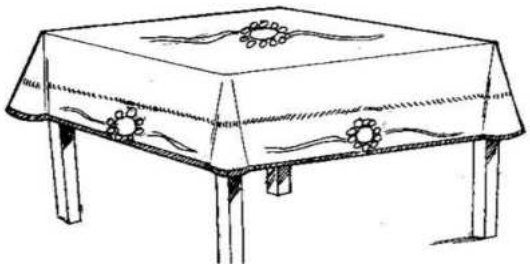
Figure below shows learners on a playing ground. Use it to answer questions 148 and 149



148. Mention the type of game that is being played
- Volleyball

149. Which body parts are moving frequently?
- Legs, hands and eyes

150. What type of decorative artwork is shown in the figure below?



- Applique

151. Why should clay items be dried in a shed?
- Direct sunshine causes items to crack

152. Give any two importance of artwork in the community
- It promotes economic development
- It is a source of income
- It promotes tourism

153. Give any three art works which can be decorated by tattooing
- Clay work
- Wood carving
- Stone carving

154. How could the community ensure sustainability of the carving industry in Malawi?
- By planting more trees

155. How does an umpire communicate with players in a game?
- By blowing a whistle

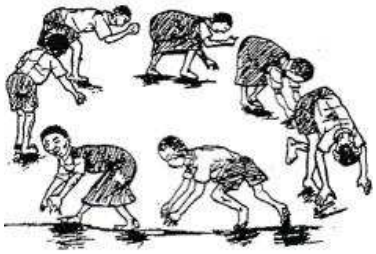
156. Why do learners conduct mock sale after producing art items?
- To promote skills

157. Name any two things that can help to improve the quality of life
- Physical activities
- Eating balanced diet

158. Explain any two importance of a clean environment with trees and flowers
- It adds beauty
- It improves the health of people living in it

159. Define 'gallery walk'
- An organised observation on displays

160. Figure below shows learners performing a dance



Which style improves the coordination of body parts in the dance?
- Movement of the hands

161. Which posture shows a cultural value among the youth in society?
- Kneeling before elders

Figure below is a diagram showing a man conveying a message. Use it to answer questions 162 and 163



162. Name the item being used to convey the message
- Horn

163. Name any two occasions when the item could be used
- Community gathering
- War victory

164. How can art items be described in different areas?
- By their appearance
- By their shape
- By their decoration

165. State any two common art items which show cultural heritage
- Carved items
- Woven items
- Plaited items
- Modelled items

166. A good story line should leave people in
- Suspense

167. Mention any two household items which can be produced by carving
- Mortar
- Pestle
- Cooking stick

168. Explain how modelled items can be made stronger for household use
- By burning
- By using strong and durable materials

169. How can carved items be protected from cracking and developing mould?
- By not exposing them to moisture

170. How can chair backs be made attractive?
- By embroidering
- By painting

171. Why are families encouraged to produce some household items locally?
- To make money after selling them
- To save money in the home
- To improve the families' income

172. Describe the following terms:
    (i) Dynamics
    - The loudness and softness of sound
    (ii) Aesthetic
    - The appreciation of beauty
    (iii) Tempo
    - The speed of a song

173. Explain the importance of decorating artworks
- They look attractive
- They sell easily

Figure below is a diagram of a person using a modern means of communication. Use it to answer questions 174 to 176



174. Name the means of communication used
- Computer

175. Give two ways in which communication is done using this means
- Sending messages through electronic mail
- Receiving messages through electronic mail

176. Give two disadvantages of this means of communication to people that live in rural areas
- It requires electricity to operate
- It needs training to use that means of communication

177. Explain why people wear special attire when doing physical education, sports, dance and drama.
- For identity
- For beauty
- Activities are done effectively

178. Give any two raw materials which can be used to decorate carved or modelled items
- Paint
- Dyes

179. Name a form of communication that uses gestures
- Non-verbal communication

180. Name any two parts of the body which can be used for non-verbal communication
- Hands
- Shoulders

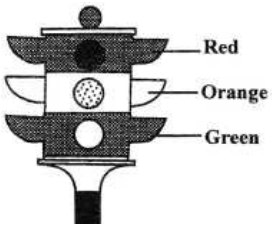
181. Mention any two places where learners learn traditional dances that convey cultural messages
- Community
- School

182. What name is given to musical instruments which produce one pitch
- Untuned musical instruments
183. How does a flute work?
- By blowing
184. Why do some tribes perform dances as a ritual
- They believe that some dances can make rain to fall
- They believe that some dances can bring about healing of a disease
185. What does the term 'mezzo forte' mean?
- Singing loudly
186. Name any one artistic activity which uses tempo
- Singing

Figure below shows a means of communication. Use it to answer question 187



187. Name the type of communication
- Non-verbal communication
188. Give any two ways of decorating artwork
- Tattooing
- Polishing
- Coiling
189. What message is communicated by a cock when it crows?
- Dawn is approaching
190. Figure below is a diagram showing a modern way of communication.



(i) What message is conveyed by the green colour?
- Go

(ii) State two advantages of using this means of communication
- Accidents are prevented on busy roads
- Traffic is controlled day and night

191. Explain how carved items can be made stronger for household use.
- By painting them
192. Give two sources of materials used for decorating items.
- Buying from shops
- Making from locally available materials.

Figure below shows diagrams of different means of communication. Use it to answer Questions 193 and 194


W


X


Y

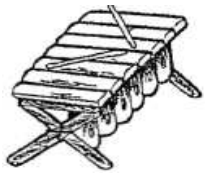

Z

193. Name the diagram marked **Y**
- Traffic lights

194. Which diagrams represent modern means of communication?
- Y and W

195. Name any two materials that produce sound that are used to convey cultural messages
- Drums
- Gongs

196. Figure below shows a diagram of a musical instrument. Use it to answer questions that follow



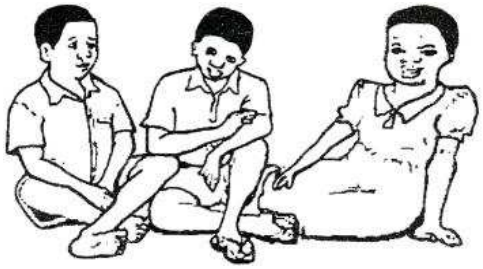
(i) Identify the musical instrument
- A xylophone

(ii) Give any one local material that can be used to make this musical instrument
- Wood

(iii) State the type of musical instrument in 196 (i)
- Untuned musical instrument

STANDARD 7 EXPRESSIVE ARTS

1. Define the following terms:
   (i) Personal space
      - Personal space is the space which your body uses
   (ii) General space
      - General space is the space where you and others occupy
2. Give four components of general space
   - Levels
   - Extensions
   - Floor pathways
   - Air patterns
3. What does the expression "floor pathways" mean?
- How people move on the floor
4. Give any two advantages of making one's own sporting garments
- It is cheaper to make your own garments than buying them
- It improves the skills of making different designs of garments
5. Give one way in which children show respect to elders
- Receiving things with two hands
6. Figure below shows artistic activities within space. Use it to answer the questions that follow



   (i) Mention the type of space that is used by each individual in the figure
      - Personal space
   (ii) Name any two activities that require the type of space mentioned in **6 (i)**
      - Head stand
      - Push ups
7. Mention any two local materials that could be used for making garments that convey cultural messages
- Banana leaves
- Animal skins
- Feathers
8. Mention any two artwork activities that may cause damage to the environment
- Carving
- Weaving
9. Mention the first thing to consider when writing a play for commercial purposes
- Target audience
10. A carving which has a definite form and looks real is called
- Naturalistic
11. What does the top number in the time signature $\frac{4}{4}$ stand for in music?
- Beats in a bar
12. What does the attire of animal skins and shields symbolize in some cultures?
- They are warriors

13. Give any two materials that could be produced by knitting
- Pencil bags
- Baby's blankets
14. What name is given to the combination of different lengths of sounds and silences produced repeatedly?
- Rhythm
15. Which feeling is commonly expressed in music?
- Joy

Figure below is a diagram of an artistic item. Use it to answer Questions 16 and 17



16. What is the name of the item?
- Door mat
17. State the material which is used to produce the item
- Sisal
18. What is the first step in marketing skills?
- Researching
19. Give any two materials used for carving
- Adze
- Saw
20. In the component of general space, give any three sporting activities which need air patterns?
- Netball
- Jumping
- Table tennis

The figure below is a diagram of an artistic item. Use it to answer Questions 21 and 22

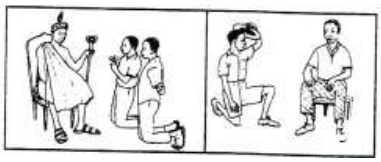


21. What name is given to the artistic item?
- Wall hanging
22. Which skill can be used for making the artistic item?
- Weaving
23. Which component of general space should be observed in a crowded street?
- Floor pathway
24. State one way in which a young person would show respect when receiving things from elders
- Kneeling down
25. Which process of garment construction determines the size of fabric and costume to be made?
- Body measurement
26. Mention any two artistic items used in the kitchen
- Cooking sticks
- Wooden spoons

27. Mention any two examples of contemporary dancing styles
    - Kwasakwasa
    - Reggae
28. What are the importance of combining traditional dances and contemporary dances?
    - It helps the dances to be more pleasant
    - It can ensure preservation of traditional dances
    - Traditional dances and dancing styles can become famous and popular
29. State any two occasions when local dances are performed
    - Wedding ceremony
    - Initiation ceremony
    - Funeral ceremony
    - Installation of chiefs
30. What are educational dances
    - Educational dances are dances based on personal experiences.
31. State two importance of educational dances
    - They help for easy learning
    - They enhance wider understanding
32. Explain why educational dances are performed in schools
    - They help to promote culture
    - They help to preserve culture
33. Name any two cultural values that young people show when passing by the elderly
- Taking off a hat temporarily
- Holding two hands in front and saying excusatory words
34. Explain any two factors that determine personal and general space
- Type of activity to be done
- Size of the area to be used for activities
- Number of participants involved in the activities
35. Describe any two importance of general and personal space
- Activities are done properly
- There is free body movement
- Accidents that happen during performance of activities are reduced
36. State the difference between “general space” and “personal space”
- General space is the space in which you and others occupy while personal space is the space which your body uses
37. Name any two examples of rhythmic pattern
- Heart beating
- Clock ticking
38. Name any three mirroring activities
- Drawing
- Dancing
- Swimming
- Laughing
- Running
39. List any two mirroring games
- Netball
- Football
- Table tennis
- Basketball

- Handball

40. Figure below shows ways of showing cultural values. Use it to answer the questions that follow



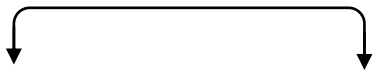
(a) Give any two ways in which the cultural values have been shown in the illustration
- Kneeling
- Taking the hat off

(b) What cultural value is shown in the illustration?
- Respect

41. Give any one cultural dance among the Nkhonde
- Chioda

42. Explain any two factors to consider in garment construction
- Knowing what is to be made
- Size of the wearer
- Amount of fabric to be used
- The designs that are in fashion

43. What does the following pattern marking in garment making mean?



- Place on fold of fabric

44. Define macramé
- A decorative knot

45. State any two produce from macramé
- Belts
- Book bags
- Flower vase holders
- Flower pot holders
- Wall hangings

46. Describe any two ways of storing artworks
- Keep them away from heat sources
- Cover them with a clean piece of cloth
- Place them on acid free boards
- Keep them away from direct sunshine
- Avoid storing them on concrete floors or walls
- Avoid storing them in attics and basements

Figure below is a diagram of a cultural activity. Use it to answer Questions 47 and 49



47. What ceremony is shown in the diagram?
- Installation of a chief

48. Which district would this cultural activity take place?
- Mzimba

49. Which ethnic group would conduct such ceremony?
- Ngoni

50. Mention any two contemporary dances
- Reggae
- Kwasakwasa
- Ndombolo
- Kwaito

51. State two main types of dances
- Traditional dances
- Contemporary dances

52. Describe the difference between traditional dances and contemporary dances
- Traditional dances are dances that are originated from our own country while contemporary dances are dances that are originated from other countries.

53. Give any four examples of traditional dances
- Tchopa
- Manganje
- Chimtali
- Beni

54. Explain any two qualities of a good poster
- It should look attractive
- It should be coloured
- Words should be bold
- Information should be brief
- Information should be clear
- It should have large prints

55. Explain any two importance of posters
- They can be used for advertising a business
- Self-made posters can be sold to generate income
- They are cheap to produce locally

56. State three types of carvings
- Abstract carvings
- Stylish carvings
- Naturalistic carvings

57. Give any two challenges that artists face
- Inadequate resources
- Lack of exposure
- Inability to market products
- Jealousy

58. Outline a process in marketing
- Carrying out a research
- Costing the items
- Displaying the items
- Advertising
- Selling

59. Name two parts of a banjo
- Tuning pegs

- Head stock
- Head
- Neck
- Tail piece
- Resonator
- Bridge

60. Figure below is a diagram showing a man doing an artistic activity.



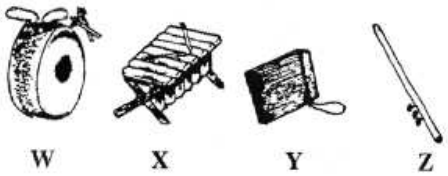
(i) Name the artistic activity
- Carving

(ii) Mention any two materials that are used in the artistic activity
- Wood
- Soapstone
- Adze
- Saws
- Hammers
- Panga knife

(iii) State any two products that could be made in the artistic activity
- Wooden cooking sticks
- Statues
- Axe handles
- Hoe handles
- Wooden spoon

61. Mention any two traditional dances found in the central region of Malawi
- Chimtali
- Malipenga
- Gule wamkulu
- Njedza
- Chisamba
- Chiterera
- Mganda
- Ngoma
- Msindo
- Ligubo
- Gwanyasa

62. Figure below is a diagram of some musical instruments. Use it to answer questions that follow



(i) Which instrument is made from animal skin?
- W

(ii) How does instrument labelled Y produce sound?
- By shaking

63. Name the material that is used in taking body measurements when making a garment
- Tape measure

64. Mention two parts of the body where measurements could be taken before making a garment
- Thighs
- The waist

65. Give any two reasons for taking appropriate measurements when sewing a garment
- It determines the size of the fabric to be bought
- It avoids wastage of materials

66. Name two materials that could be used to weave a basket
- Bamboo
- Creeping stems

67. What name is given to activities that involve copying actions of another person during artistic performance?
- Mirroring

68. Give the meaning of each of the following forms of non-verbal communication

(i) Shaking one's head
- Disapproval

(ii) Beckoning with a hand
- Come here

69. What was the meaning of wearing a sack cloth by a king in old days?
- Something had gone wrong

70. Give one example of environmental challenge whose message can be conveyed through songs
- Deforestation

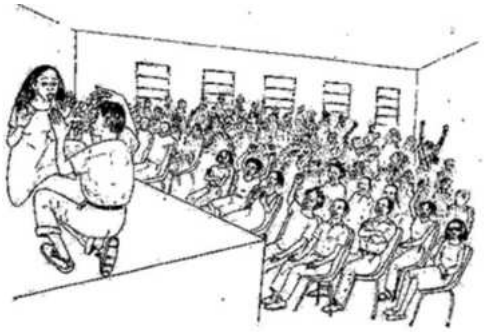
71. Give an example of non-physical activity
- Sleeping

72. Which contemporary dance has flexible and quick foot movements?
- Kwaito

73. Define macramé
- It means the art of knotting and producing functional and decorative items.

74. List down materials for macramé
- sisal
- palm leaves

75. Figure below shows an artistic performance. Use it to answer questions that follow



(i) Identify the type of artistic activity
- Drama

(ii) Mention any two messages that can be sent through this artistic activity
- HIV and AIDS
- Corruption
- Environmental degradation
- Child labour

(iii) Apart from your answer in question 75 (i), give any two other ways of conveying messages in a community
- Songs
- Poetry
- Posters

76. List down any three materials for making a poster
- Cartons
- Crayons
- Chart papers

77. Figure below is a diagram of a man carrying bags of charcoal on a bicycle. Use it to answer questions that follow



(i) Give any two effects of the activity shown in the figure above on the environment
- Deforestation
- Air pollution

(ii) Mention any two ways in which the effects in question 77 (i) could be prevented
- Planting more trees
- Stop cutting down trees for charcoal making

78. Mention any two artistic items that can be modelled
- Clay pots
- Dolls
- Wire cars

79. Mention body measurements required for making petticoats.
- Waist line
- Hip line

80. Identify musical notes below.

a 

b 

c 

d 

e 

a = whole note

b = half note

c = quarter note

d = eighth note

e = sixteenth note

81. Explain what is happening in the illustration below.



- a boy wrapping a ball

82. Give any three materials for making wrapped balls

- rags
- plastic papers
- plastic paper string

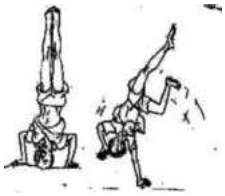
83. Define the term drawing

- An arrangement of lines

84. What is a source of risks in singing

- strain of vocal chords when singing in very loud voice

85. What sporting activity is being done in the illustration below?



- Gymnastics

86. What are bad effects of risks in gymnastics? Give any two points

- Fainting
- Death

87. Define first aid

- It is the first help given to an injured person

88. State any three importance of first aid

- It helps to promote quick recovery
- It helps to prevent the condition from becoming worse
- It helps to sustain life.

89. What does ABC in first aid stand for?

A = Airway

B = Breathing

C = Circulating

90. What does CPR in first aid stand for?
- C = Cardio
- P = Pulmonary
- R = Resuscitation

91. List down any four materials found in first aid box
- bandages
- plasters
- cotton wool
- spirits

92. Give any two types of plays.
- Tragedy
- Comedy

93. What is the difference between tragedy and comedy?
- Comedy is a play with a happy ending while tragedy is a play with a sad ending

94. Why should first aid box be marked with a red cross or labelled 'first aid'
- For easy identification

95. Give any three modern ways of communicating messages.
- using cell phones
- using telephones
- using whistles

96. State any three materials for drawing posters.
- Paints
- Papers
- Pental pens

97. Mention any two importance of gymnastic activities
- They help in body fitness
- They help to improve health

98. Give any two ways in which traditional means of communication is important.
- It is cheap
- It is known or famous in a specific culture

99. Explain two reasons why different areas have different artistic activities.
- Because of availability of resources
- Because of cultural values

100. Define marketing
- It is a process of informing people about the products and services you have made ready to be sold.

101. Give three ways of marketing
- Using posters
- Using radios
- Using door to door

102. State any three skills in marketing.
- Effective communication
- Budgeting
- Planning

103. Explain why advertising is important. Give any two reasons
- It helps to increase sales
- It helps people to find the best products for themselves
- It helps in making people aware of the new product

- It helps to attract more customers

104. State any two ways how drawing shapes can be advanced

- By adding more lines
- By adding colours

105. Give two forms of drawings

- Two dimensional drawings
- Three dimensional drawings

106. State any four examples of two dimensional drawings

- Circles
- Ovals
- Rectangles
- Squares.

107. Give any four examples of three dimensional drawings

- Human figures
- Animals
- Boxes
- Tables

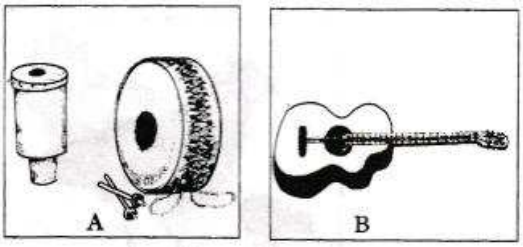
108. State one way of making pictures for sale more attractive.

- Painting

109. How can a two dimensional drawing be made into three dimensional drawing?

- By shading

110. Figure below shows two types of musical instruments. Use it to answer questions that follow



(i) Identify the musical instruments labelled **A** and **B**

- **A** = drums
- **B** = guitar

(ii) How do the musical instruments labelled **A** produce sound?

- By beating

111. What is the difference between stylish and abstract carvings?

- Stylish carvings have a definite form with some parts exaggerated deliberately while abstract carvings do not have a definite form

STANDARD 8 EXPRESSIVE ARTS

1. Define the term 'artistic creativity'

- Artistic creativity refers to having the power to use one's intelligence and imagination in artwork instead of copying from what is already there

2. Give any two examples of movements in artistic work

- Singing melodies
- Making a hoe handle
- Plaiting hair
- Making baskets
- Making mats

3. Give one importance of artistic creativity

- It helps one to produce something that portrays beauty

4. What is tempo?

- Tempo is the speed at which music moves

5. Give any two importance of tempo

- Source of unity
- Source of variety
- Provides music expression
- Helps to develop coordination
- Helps to develop a sense of concentration

6. Explain any two ways of establishing a tempo

- By stamping the feet
- By clapping the hands
- By tapping an object

7. State any two artistic activities that can be controlled by tempo

- Drawing
- Painting
- Carving
- Weaving

8. Who is a leader?

- A leader is a person who leads others to achieve the goals of an organisation or group

9. State any three types of leadership styles.

- Democratic
- Autocratic
- Laissez faire

10. State any two roles of leaders

- Mobilizing the members in carrying out development projects
- Settling disputes
- Settling marriage conflicts
- Providing guidance
- Supervising
- Monitoring

11. State any two qualities of a good leader

- Able to delegate tasks
- Accepts criticism
- Should lead by example
- Depends on people he or she works with
- Trusts the people he or she works with

- Knowing their strengths and weaknesses
- Flexible
- Aware of the interests of the followers

12. State two successes in leadership
- Mobilizing the society to take part in development projects
- Resolving conflicts amicably

13. State two challenges different leaders face.
- Resistance to change
- Conflict of interest among the subjects

14. Explain how challenges can be avoided in leadership
- By exercising good leadership skills.

15. State any two skills of good leadership
- Effective communication
- Providing motivation
- Problem solving
- Delegation
- Decision making
- Critical thinking
- Patience
- Open mindedness

16. Give two roles of songs and dances during cultural events.
- To promote culture
- For cultural preservation

17. State any three examples of cultural events.
- Initiation ceremonies
- Wedding ceremonies
- Funeral ceremonies

18. State any two ways of composing a song.
- By Improvising a tune already composed
- By improvising words to already composed tune.

19. State three roles that dances play in a society
- Uniting people
- Preserving culture
- Identifying people

20. Define the term improvisation
- Improvisation refers to the use of a resource as an alternative to something that is not readily available

21. Give two examples of improvisation
- The use of razor blade in place of scissors
- Use of rags to replace dusters

22. Give any two importance of improvisation
- It is cheap since we use locally available resources
- It promotes involvement of learners.

23. Define the term “team work”
- It means doing an activity at a group level

24. Explain any two importance of team work.
- The work is done easily
- Helps to share knowledge and skills.

25. Explain why some songs and dances in African countries are similar
- Because these songs and dances have the same origins
- Because of similar cultures

26. Why is it important to make a career choice?
- Because it makes one work hard to achieve one's job aspirations

27. State three steps to follow when developing a play from a story.
- Identify the title of the story
- Develop a strong line
- Identify characters

28. Figure below shows an article using the dyed materials. Use it to answer questions that follow



(i) Identify the article above
- A hat

(ii) Explain any two reasons for producing the article using the dyed materials
- To make it look bright
- To make it look attractive

29. Give two types of dyes
- Cold water dyes
- Hot water dyes

30. State any three articles that can be dyed.
- Palm leaves
- Sisal
- Clothes

31. State any two sources of brown dyes
- Charred nuts
- Brick powder
- Soils

32. Give any two dances performed by both men and women
- Manganje
- Makhanya
- Tchopa
- Masewe
- Ingoma
- Utse

33. State any two dances performed by men only
- Beni
- Malipenga
- Mganda
- Gulewamkulu

34. List any two dances performed by women only
- Chimtali
- Chinamwali
- Chiterera
- Msindo
- Uyeni

Figure below is a diagram showing women performing one of the cultural practices in Malawi. Use it to answer question 35



35. During which occasion is this ceremony done?
- Initiation

36. Define the following artistic activities:
(i) Physical artistic activities
- They are activities which require one's energy and effort to do

(ii) Non-physical artistic activities
- They are activities which do not require one's energy and effort to do

37. Give any two examples of physical activities
- Running
- Throwing
- Push ups

38. Give any two examples of non-physical activities
- Lying down
- Standing still
- Sitting

39. Write any two artistic activities that require less personal space
- Stretching
- Standing still

40. Explain any one advantage when members of a community learn different skills
- It helps to create self employment

41. Give any one example of a manipulative skill in each of the following:
(i) physical activities:
    - Throwing
    - Catching
    - Kicking
    - Striking

(ii) art activities:
    - Drawing
    - Carving
    - Modelling

42. Give any two ways of decorating wall charts
- Using decorative stitches
- Using applique

43. Explain the importance of role playing picture stories
- It enhances understanding of the messages being communicated

44. Showing perspective through colour is also called
- Aerial perspective

45. Figure below is a diagram showing some artistic items. Use it to answer questions that follow



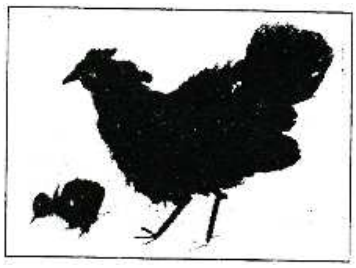
(i) What name is given to the illustrations in the diagram?
- Curios

(ii) How are the illustrations made?
- By carving

(iii) State two reasons why the illustrations should be decorated
- To make them attractive
- To make them sell fast

46. List three steps that one would take to realize his or her career choice
- Pre-experience activities
- On-site activities
- Post-site activities

47. Figure below shows an example of collage. Use it to answer questions that follow



(i) Identify any two materials that could be used to make this type of collage
- Paper
- Seeds
- Small stones
- Wood carves
- Dry sticks
- Leaves
- Fibre
- Lichens

(ii) Mention any two skills that could be developed when making collage
- Carving
- Designing

48. State any two ways of identifying elements of enjoyment in a performance
- Facial expressions
- Unique body movements
- Articulation of words

49. Mention any two challenges that one may face in order to produce homemade items
- Lack of skills
- Lack of money

50. Define the term “role playing”
- Role playing is the dramatisation of a situation

Figure below is a picture of two people doing artistic activities. Use it to answer questions 51 and 52



51. What artistic work is the woman doing?
- Weaving

52. Which material could be used to make the item?
- Palm leaves

53. Describe how modelling with paper through *papier mache'* could be done
- Use a mould. Cover the first layer by soaking the pieces of paper in water and covering without using glue. Do the other layers by sticking the pieces of paper with glue. Once the model dries up, remove the mould

54. Why shouldn't the first layer in modelling using papier mache' be done with glue?
- To avoid the resulting model from sticking to the mould

55. Define the term 'tracing'
- Tracing is the copying of an existing drawing or picture by following its outlines with a pencil or a pen

56. State any two materials that can be used to make a toy car
- Pieces of wire
- Pieces of wood

57. Define "improvisation"
- Improvisation is using one thing to replace what is not available

58. Give any two advantages of improvisation
- It helps to overcome the problem of scarcity of resources
- It promotes creativity
- It promotes involvement of the learners
- It is cheap to produce
- It helps one to be resourceful

59. Define "discrimination"
- Unfair treatment of a person or racial group

60. Name any two factors that may lead to discrimination in art work
- The need for dominance
- One's cultural background
- The belief that others cannot manage doing certain things

61. Improvisation assists a school to
- Solve the problem of scarcity of resources

62. At what stage of career path development does one write about the difference between one's expectations and realities of the work place?
- Third stage

63. At what stage of career path development does one conduct research through reading books, pamphlets and prospectus about the field they will be shadowing?
- First stage

64. At what stage of career path development does one observe practical application of what they read and ask their hosts about their career paths?
- Second stage

65. Describe any one way in which each of the following items could be improvised
    (i) duster
        - By tying pieces of cloth together
    (ii) black paint
        - By breaking charcoal into small particles and mixing together with water

66. Name any one material that can be used as a source of local dyes
- Fruit
- Leaves
- Flowers
- Roots
- Brick powder
- Soils

67. Name any two activities that can be done to decorate drawings
- Painting
- Colouring

68. Give any two ways of getting information on a particular career
- Career talks
- Occupation dissemination

69. Name any two artistic activities that are cultural in a society
- Weaving
- Carving

70. Why is it important for learners to choose a career of their choice? Give two reasons
- They fulfil their aspirations
- They may work hard to achieve their career choice

71. Give any two reasons why people and animals move at different speed and heights
- Running away from danger
- Looking for food
- Looking for shelter
- Looking for mates

72. Name any one item in artwork that could be made from each of the following materials
    (i) clay
        - Clay pot
    (ii) palm leaves
        - A mat

73. State any two skills that could be acquired through collaborative artwork
- Cooperation
- Team spirit

74. State any one way in which African stories are important
- They are rich in imparting customs, values and morals

75. Give any two art and craft activities that are gender stereotyped
- Knitting
- Clay pot making

76. Name any two traditional dances that are gender biased
- Chimtali

- Mganda
- Chinamwali
- Chiterera

Figure below is a diagram of an art work. Use it to answer questions 77 and 78



77. What is the name of the item?
- Candle holder

78. Name any two materials which could be used to make the item
- Saw
- Adze
- Vices
- Chisels

79. Define the following terms:
(i) dye
- A colouring material

(ii) fabric
- A manufactured cloth

80. Name any one activity which needs space but does not cover distance
- Stretching
- Running on the same spot
- Aerobics
- Drawing

81. Mention any two games that require relay skills
- Pass and crouch relay
- Circle relay
- Relay race

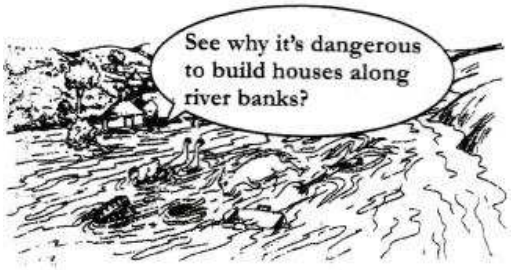
82. State any two ways in which artistic items are made
- Carving
- Sewing
- Knitting
- Modelling

83. Name any two homemade items that can be made from local materials
- Door mats
- Table mats
- Clay pots
- Wooden spoons
- Wooden cooking sticks

84. Give any two ways in which culture can be preserved
- Teaching it in schools
- Practising it in schools
- Practicing it in communities

85. Define the term “carving”
- It is the removal of unwanted material from an object so as to come up with a desired shape

86. Figure below shows an environmental problem. Use it to answer questions that follow



(i) Name any two artistic activities that could lead to this problem
- Carving
- Weaving

(ii) Give any two ways in which this problem could be prevented
- Planting more trees
- Avoiding careless cutting of trees

87. Which substances help to stick dye to the fabric? Give any one point
- Salt
- Chrome
- Tin
- Copper sulphate
- Paraffin
- Cream of tartar
- Acetic acid

88. Why is salt added to dye solution when preparing dyes?
- To fix the dye

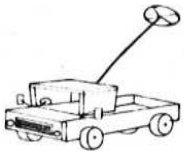
89. Mention any four articles that can be made using dyed materials
- Hats
- Bags
- Mats
- Baskets

90. State any two examples of collaborative art works
- Weaving
- Drawing
- Carving

91. Why is teamwork important in artwork?
- It helps people to share knowledge and skills

92. Give any one way of caring for learning resources
- Storing them in a safe place

Figure below is a diagram of an artistic item. Use it to answer questions 93 and 94



93. Name the item
- Toy car

94. Give any one local material that can be used to make the item
- Pieces of wood

95. Name any one type of dance that is commonly performed in each of the following districts
    (i) Nsanje
        - Likhuba
    (ii) Ntcheu
        - Ngoma
    (iii) Nkhatabay
        - Malipenga
    (iv) Chitipa
        - Vimbuza
    (v) Dowa
        - Mganda
96. Explain any one disadvantage of displaying learning resources for a long time
- It loses learners' interest
97. Mention any one local art that can provide self employment to a person
- Weaving mats
98. What term is given to the sticking of pieces of paper together with glue or paste to make a model?
- Papier mache'
99. Give any one local material that can be improvised for writing
- A piece of charcoal
100. Name two places where produced items can be stored in the classroom
- Galleries
- Lockers
101. Describe job shadowing as a career path
- Job shadowing is an unpaid experience where a learner follows a practitioner for a short period to learn about a particular occupation
102. Describe "on-site activities" as one way of career path development
- It is when a learner observes practical application of what they read and ask their hosts about their career paths
103. Name one artistic activity which is done by one gender only
- Carving
104. Why should wall charts be decorated with stitches and applique?
- To make them attractive
105. What should be done to learning resources when they are not in need?
- Store in a safe place
106. Mention any two career opportunities that exist in the communities
- Crafts
- Pottery
- Weaving
- Music
- Wood carving
107. State any one way in which career opportunities can be explored
- By participating in career awareness activities
108. Name any two awareness activities that could be done before choosing a career
- Career exhibition
- Education tours
- Role modelling

- Career talks
- Career clubs
- Work session
- Occupation dissemination

109. Give one characteristic of a good dye
- Colours should not fade after repeated washing
- Colours should not fade in light
- Dyes should not discolour with body sweat
- Dyes should not come out when used with laundry materials

110. Name any two items which can be made using dyed fibre
- Hats
- Bags
- Mats
- Baskets

111. Explain how the audience can show enjoyment of the performance. Give any two ways
- By jubilating
- By clapping hands

112. Which artistic skill helps to construct knowledge by selectively using experiences around?
- Manipulative skills

113. Mention any two factors to consider when producing teaching and learning materials
- Big enough for all to see
- Attractive materials
- Accurate materials
- Clean materials
- Simple materials

114. State any two ways in which improvisation of teaching and learning materials is important
- It promotes involvement of the learners
- It helps to overcome the problem of scarcity of resources
- It helps teachers and learners to be resourceful

115. Explain any one way in which teaching and learning resources are important
- They create a lasting image in the learners
- They promote interest in learners to pay attention when learning
- The learners see the size of the objects they are learning
- The learners see the shape of the objects they are learning
- The learners see the colour of the objects they are learning
- The learners see the weight of the objects they are learning
- They help to overcome the limitations in the use of realia

116. What is the wooden mallet used for in carving?
- For hitting the handle of the chisel or gouge to drive the blade into the wood

117. What is the use of vice in carving?
- Holding the wood

118. What is the difference between natural dyes and artificial dyes?
- Natural dyes are made from plants while artificial dyes are made from chemicals

119. Give any two qualities for choosing the wood for carving
- Hardness

- Softness
- Thickness

120. Explain the importance of checking the type of wood for carving
- To avoid using poisonous wood for making kitchen utensils

121. Figure below is a diagram showing a relay game



(i) Name the game
- Pass and crouch relay

(ii) Mention any three skills in the relay game
- Passing
- Running
- Catching

122. Explain any one way in which playing relay games is important
- Promoting unity

123. Define the term 'bleach' in dyed materials
- It means losing colour in clothes

124. Define the term career path development.
- It means a lifelong process of exploring one's aspirations, abilities and interests and making informed choices throughout one's life

Or

- It is a process of getting relevant career information and experiences about a particular occupation and industry

125. State the two main categories of a career
- Formal employment (white collar)
- Informal employment (blue collar)

126. Give any four examples of local careers.
- Music
- Weaving
- Carving
- Making curios

127. State one importance of developing a career
- It helps one to know aspiration and expectation

128. List three stages in setting up a job shadowing experience
- Pre-experience activities
- On-site activities
- Post-experience activities

129. What is the importance of having practical experience on career path development?
- It helps one to compare the job expectation with the reality of the job.

130. Give any three effects of discrimination and prejudice
- Low development in a community
- Leads to hatred
- Leads to low self esteem
- Loneliness

131. State any four important features in traditional dances in Africa.
- Dancing in circles
- Use of costumes made from natural things
- Wriggling of the waist
- Stamping of the feet

132. What does dancing in circles in traditional dance in Africa symbolize?
- It symbolizes unity

133. What does wearing of costumes when performing African traditional dance symbolize?
- It symbolizes cultural activities

134. What do chibiya and chishango that Ingoma dancers wear symbolize?
- They symbolise warriors and hunters.

135. Give any four physical activities that can help one to develop manipulative skills.
- Throwing
- Catching
- Kicking
- Striking

136. State any three art activities that can help one to develop manipulative skills.
- Carving
- Modelling
- Drawing

137. What is the importance of developing manipulative skills in life?
- They help one to understand the real nature of things from the environment

138. Define the term 'papier mache'
- Papier mache' is the art of sticking pieces of paper together with glue or paste to make a model

139. What is a mould in papier mache'?
- A mould is an object used as a support when pasting the pieces of paper

140. Define the term 'realia'
- Realia are objects that are used directly for teaching and learning in their original form

141. Give one limitation of realia
- Some realia may be difficult to handle

142. State one advantage of realia
- They give an exact impression of what is being seen or discussed

143. Define an absolutism type of leadership
- It is a system of leadership in which only leaders' voice counts.

144. Give any two importance of papier mache
- Source of income
- It helps to conserve the environment.

145. What is the benefit of involving men and women equally in dances?
- It ensures gender equality

146. Define the term 'ideology'
- Speculation that is imaginary or visionary

147. Define the term "stereotype"
- A fixed idea or view about something which may be false

148. What are the basic principles of perspective drawing? Mention any two
- Showing perspective through parallel lines
- Showing perspective through size
- Showing perspective through position
- Showing perspective through texture and detail

- Showing perspective through colour

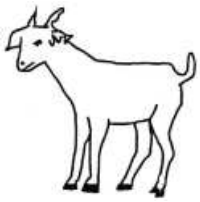
149. What does 'showing perspective through parallel lines' mean?

- It means that parallel lines seem to meet in the distance as they disappear from the viewer

150. What does the expression "perspective drawing" mean?

- It refers to the visual effect which gives a sense of depth, solidity and distance to what is seen

151. Figure below is a diagram of an improvised teaching and learning resource. Use it to answer questions that follow



(i) Name any two materials that can be used to make the resource

- Marker pens
- Chart papers

(ii) Mention any two skills that could be used to make the resource

- Drawing
- Tracing

152. What does 'showing perspective through size' mean?

- It means that objects of similar size appear to get smaller as they recede into a distance

153. What name is given to the stage at which a learner writes about the difference between their expectations and realities of the work place?

- Post experience activities

154. Figure below shows a cartoon. Use it to answer questions that follow



(i) What form of communication in used in the illustration?

- Non-verbal communication

(ii) Give any one message that the youth can get from the cartoon

- Dangers of drug and substance abuse

155. The way of communicating messages which makes issues realistic and more meaningful is

- Role playing